Successful Primary Swimming Carnival

The Primary Twilight Swimming Carnival was held last Thursday, 12th February. It was great to see such a competitive spirit amongst the houses with students participating in as many events as possible. It was also wonderful to have parents supporting their children as they competed in events.

Despite the threatening storm, all houses did well. Congratulations to Peel House for winning, quite convincingly, the overall point score at the carnival.

Results are as follows:

1st Peel 262
2nd Gwydir 182
3rd Namoi 164
4th Barwon 163

Champions:
Junior Girl Kylah Vipen
Runner-up Tamara Ryan
Junior Boy Jayce Tavo
Runner-up Jack Opie
Eliana Faulks
Phoebe Riley
Holly Wagstaff
Runner-up Emily McBride
Taine Mackay
Runner-up Reuben Nunn
Zantara Stanton-Sing
Runner-up Jocelyn Heywood
William Lake
Runner-up Jai Morris

Students who came first or second in the finals of races (providing their times are competitive) will represent the school at the Zone Carnival in Tamworth this Friday, 20th February.

We had ten wonderful students from the Secondary volunteer their services at the Primary Swimming Carnival. They were Taylor Skelton, Brye Harrison, Isobel, Sophie and Lachlan Kemp, Chelsie Riley, Piper-Lee Butcher, Bec Beaton, Bronwyn White and Katie Taylor. Thank you for your wonderful citizenship.

A big thanks to Mr Willis who organised the event, and to the many parents who volunteered and helped out with various jobs on the day. Without your support, it would be impossible to conduct events of this nature.

Pictured above: Go Gwydir! Eliana Faulks and Jocelyn Heywood supporting their House.
Students Well Supported

Manilla Central School is most fortunate in having outstanding support staff (SLSOs – Student Learning Support Officers) working with the students. Our SLSOs have been employed in the school for some years and many students have benefitted academically, culturally and socially from their care and assistance. They even give much time above and beyond their working hours by going on school excursions – even those which require many nights away from home, such as the bi-annual Canberra Excursion.

Mrs Libby McNeill and Ms Sam Cheers  
Mr Richard Bell  
Miss Suzie Howlett

Mrs Dian Allen  
Ms Jennene Beale

AEO

Mrs Nadene Bevitt is the school AEO (Aboriginal Education Officer). Mrs Bevitt supports all students, both in and out of the classroom, however she has a special interest in Aboriginal Education. Nadene is also available to assist parents when required.

Our school AEO, Nadene Bevitt.
Community Consultation
Last week we sent home two surveys to gauge your thoughts about the ‘Quality of School Life’ and the ‘Culture of our School’. Your thoughts / opinions are very valuable for us to ensure that we are delivering an education that is exactly what you want for your child / children. If you have not taken the time to complete these two short surveys please do so tonight and return them to school. It is not necessary to put your name on the survey.

Meet the Teacher / Welcome BBQ
We are looking forward to seeing our K-6 parents tomorrow afternoon, 17th February, at the ‘Meet the Teacher / Welcome BBQ’, in the Primary. Parents will have the opportunity to meet with their child’s teacher and hear about the great things that will be occurring in the classroom this year. A sausage sizzle will be provided. The event commences at 4.30pm and concludes at 6.30pm, which will give parents enough time to get to the P&C meeting if they choose.

P&C Meeting
Following our Welcome BBQ in the Primary, we will conduct our first P&C meeting for 2015. We invite all interested K-12 parents and community members to join us at 7.00pm in the Secondary Library. Topics to be discussed include the community consultation process of our 2015 – 2017 Strategic Direction Plan, dates for the Mud-Run fundraiser, healthy canteen, school uniform and school beautification.

Year 7 Lake Keepit
Our Year 7 students headed to Lake Keepit for a ‘bonding session’ this Monday and Tuesday. They left school at approximately 9.30a.m. this morning and should return to school around 4.00p.m. tomorrow. The arrival home time will be posted on the school sign and the Skoolbag app.

Year 11 and 12 BOSTES Meeting
Tomorrow, Tuesday, 17th February, Denise McHugh, Regional BOSTES Liaison Officer, will be presenting a workshop about the role of the Board of Studies and the scaling process involved in the HSC. We strongly encourage all Year 11 and 12 students and their parents to join us in the Secondary Library. The talk will commence at 5.30pm and conclude at 6.30pm, in time for our P&C meeting.

Driver Training Course
The RTA will be conducting a parent and learner driver information session in the Secondary Library on Wednesday afternoon from 5.30pm until 7.30pm. This RTA run course is for parents and their children to learn about what’s involved in the learner driver process and the skills involved. It is a Manilla community workshop, therefore it isn’t just for students enrolled at Manilla Central School. All community members are welcome.
New Shorts

The new school sports shorts have arrived. They look wonderful. Can I stipulate that they are sports shorts and are not a part of our day to day uniform. They cost $16.

Healthy Lunchboxes mean Healthy Children

As the rate of obesity, causing an increase in heart failure and diabetes, amongst Australian citizens climbs, it is important that home and school work together to develop students’ understanding of living a healthy life-style.

Last year, there was a focus on healthy eating, with students encouraged to make sure that their lunchboxes contained good foods. The best foods that students can bring along to school are quite simple. Sandwiches, especially those on grain or wholemeal bread with salad, egg etc.; wraps; salads; containers of carrot, celery, cheese, hard-boiled egg; chicken legs/wings; often left-overs from the family dinner are good to bring to school but if a hot food a thermos flask would be needed; a couple of pieces of fruit. Homemade biscuits such as ANZACS are also quite a good choice. Things such as chips, twisties, many breakfast or muesli bars are, not only expensive, they are very high in ingredients such as salt, sugar, saturated fats and chemicals, and are not recommended.

Water is the best drink for school.

Take the opportunity to involve your child/children in cooking and organising the contents of their lunchboxes.

Taste.com.au has some excellent recipes and lunchbox ideas and can be accessed at:


Police Liaison Visit

Last Thursday, Police Liaison Officer, Robyn Smith, came to our school to hold an information seminar about technology, and the challenges it presents in society today. Robyn spoke to students about privacy settings, (especially in regard to social media), cyber-bullying and what it means to have a “digital footprint”. She explained the legal ramifications of using social media sites such as Facebook to make threats, slander or defile others, something we often have to deal with at school. The session was extremely informative for both students and teachers as we all attempt to keep up date with information and technology in this new digital age.

Photographs show Police Liason Officer, Robyn Smith, enlightening students about the benefits and the pitfalls of technology.
Welcome New Student
We wish to extend a warm welcome to Moesha Genoli who joined our Year 6 class this week.

Manilla Lions Youth of the Year
On Thursday, 12th February, Jillian Sykes and Rodney Coote (Year 12) participated in the Manilla Lions Youth of the Year competition. The Lions Club of Manilla has actively supported the senior students to extend themselves through a process of interview and public speaking for a number of years. Interviews were held at the High School where the Judges, Mrs Barb O’Brien, Mr Trevor Burleigh and Mrs Jo Moore asked the students a number of questions based on general knowledge and aspiration for the future. The students then attended the dinner at the Manilla RSL Club, with members of the Lions club, parents and teachers in support. Jillian and Rodney delivered riveting speeches on the Opportunity for Women and Environmental Sustainability respectively. They, then, had to answer two impromptu questions, where they both delivered excellent responses. The judges were very impressed with Jillian and Rodney and commented on how inspiring it is to hear and meet young people of such a high calibre. Jillian Sykes won the completion and will proceed to the next level on March, 4 in Walcha. We would like to thank the Lions Club for the ongoing support of our wonderful young people. A special thanks to Miss Janette Meehan and the three judges, all of whom are such valued members of our school community.
Auskick

Auskick is the junior AFL programme run across Australia. In 2015 the programme will run in Tamworth on Friday evenings (from 4.30 – 6.00 pm) at No 1 Oval in Kable Avenue. Registration will occur in March and more information will follow (if keen now go to - http://www.aflauskick.com.au/register/).

Swans visit - The Sydney Swans will have two players coming to Tamworth on Monday, 23rd Feb. We will plan to have an Auskick open day/"come-and-try" session at Farrer College from 4.00 – 5.00 pm. At this stage we are expecting Jake Lloyd and Sam Naismith from the Swans. For more information contact Brendan George (0429 650 938 or at tamworth.auskick@bigpond.com).

Teaching someone to drive can be a happy experience.

You can learn all the simple steps on how to teach a learner driver at a FREE two hour workshop.

The next workshop in your area will be held:

<table>
<thead>
<tr>
<th>TIME &amp; DATE:</th>
<th>VENUE:</th>
<th>BOOK NOW ON:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 18th February 5:30pm – 7:30pm</td>
<td>Manilla Central School- Library</td>
<td><a href="http://www.etc">www.etc</a> ltd.com.au/RMS Ph: (02) 6650 1969 Freecall 1300 359 968</td>
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Helping learner drivers become safe drivers
Manilla Netball Club Inc.

Manilla Netball Club registrations for the 2015 Tamworth winter competition will be held at Manilla RSL club as follows:

Friday, 20th February – 4.00pm to 6.00pm  
Saturday, 28th February – 12 noon to 2.00pm  
Friday, 6th March – 4.00pm to 6.00pm

A deposit of 50% of the total registration will be required from each player, however full payment if possible is preferred.

Any adults interested in playing should also register at this time.

Uniforms:
For players requiring the uniform, they will be available to try on and order at time of registration. Skirts - $30, Shirts - $25, Socks (optional) - $12
Clothing Pool – The club will buy back any second hand uniforms that are in good condition, for $10/shirt and $10/skirt. We will resell these at the same price of $10 each.

2015 Fees:

<table>
<thead>
<tr>
<th>Age Range</th>
<th>NSW &amp; TNA Netball Registration Fee</th>
<th>TNA Competition Fee (country music $5 savings already been taken off)</th>
<th>Manilla Admin Fee</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seniors (18 &amp; Over)</td>
<td>$85.00</td>
<td>$55.00</td>
<td>$10.00 per player</td>
<td>$150.00</td>
</tr>
<tr>
<td>Juniors (11 to 17)</td>
<td>$65.00</td>
<td>$40.00</td>
<td>$10.00 per player</td>
<td>$115.00</td>
</tr>
<tr>
<td>Net Set Go (10 and Under)</td>
<td>$55.00 (kit included in this price)</td>
<td>$20.00</td>
<td>$10.00 per player</td>
<td>$85.00</td>
</tr>
<tr>
<td>Non-players</td>
<td>$45.00</td>
<td>-</td>
<td>-</td>
<td>$45.00</td>
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</tbody>
</table>

*** 10 yr olds that play up in the 11/12yrs division will be required to pay the Junior TNA competition fee.

Family Discount Information:
1st child – full fees
$10 off each subsequent child/children in the same family

Please note - Those players who are playing twilight netball in Manilla or at the Tamworth Sports Dome and have already paid the NSW fee, only need to pay the TNA competition fee and the Manilla admin fee.

Enquiries: Heidi Hawley – Phone 67851881, 0427860283
Photo Orders
Parents who would like to order school photos, may still do so through The School Photographer. Orders need to be placed before photos are delivered to the school (estimated to be 31st March), to avoid the $15.00 handling fee.

Orders are NOT able to be made through the school, however information on how to order is available at the Primary and Secondary offices.

Missed a Newsletter?
You can find our Newsletter online at:
www.manilla-c.school@det.nsw.edu
or on the Skoolbag App which can be downloaded at www.skoolbag.com.au

COMING EVENTS - WEEK 4
Mon, 16th Feb  Year 7 Lake Keepit Excursion
Tue, 17th Feb  Year 7 Lake Keepit Excursion return
              Northern Daily Leader Kindergarten & Captains Photos
              Year 11/12 Parent/student Meeting – 5.30pm
              Primary Meet the Teacher Welcome BBQ – 4.30pm
              P & C Meeting – Secondary Library – 7.00pm
Wed, 18th Feb  Learner Driver School – Secondary Library - 5.30 - 7.30pm
Thu, 19th Feb  Band Practice
Fri, 20th Feb  Netball Registration – RSL – 4.00 – 6.00pm
Sat, 21st Feb  Manilla United F.C. Registration – Outside IGA – 9.00am – 12.00noon

Manilla Central School, as a service to the school community, may publicise non-school events which may be of interest. Manilla Central School does not endorse or sponsor these events and accepts no responsibility for the service provided.